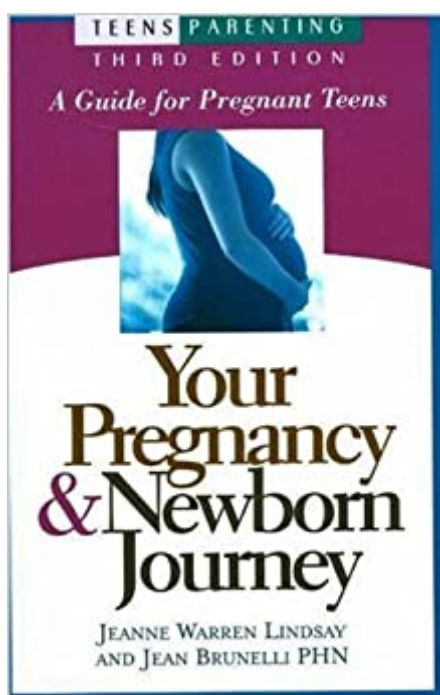


The book was found

Your Pregnancy & Newborn Journey: A Guide For Pregnant Teens (Teen Pregnancy And Parenting Series)



Synopsis

Sharing experiences and insights that will help other teens face the realities of impending parenthood, pregnant and parenting teens offer young expectant mothers advice for carrying and delivering a healthy baby. Medical concerns such as fetal development, nutrition, and risks related to smoking, alcohol, and drugs are discussed, and labor and delivery are described in detail—often through the words of teenagers who have already delivered. Focusing on the needs of the young mother and those of her partner, this guide also stresses the importance of staying in school, graduating, and gaining job skills. Including numerous quotes from teenage fathers, but sensitive to the fact that many pregnant teens do not have a positive relationship with their baby's father, this book provides knowledge that will improve a young mother's chances of having a satisfying experience with or without a partner's assistance.

Book Information

Series: Teen Pregnancy and Parenting series

Paperback: 224 pages

Publisher: Morning Glory Press; 3rd edition (April 1, 2004)

Language: English

ISBN-10: 1932538003

ISBN-13: 978-1932538007

Product Dimensions: 5.5 x 0.5 x 8.5 inches

Shipping Weight: 8 ounces

Average Customer Review: 5.0 out of 5 stars 2 customer reviews

Best Sellers Rank: #1,041,872 in Books (See Top 100 in Books) #43 in [Books > Teens >](#)

[Personal Health > Sexuality & Pregnancy](#) #67 in [Books > Health, Fitness & Dieting > Teen](#)

[Health](#) #75 in [Books > Children's Books > Growing Up & Facts of Life > Health > Sexuality](#)

Age Range: 12 and up

Grade Level: 7 and up

Customer Reviews

Jeanne Warren Lindsay, P.H.N., developed and coordinated the Teen Parent Program at Tracy High School in Cerritos, California, for 16 years. She is the author of 17 books dealing with adolescent pregnancy and parenting. She lives in Buena Park, California. Jean Brunelli, PHN taught prenatal health and parenting in the Teen Parent Program for the ABC Unified School District in Cerritos, California, for 15 years. She has served as the director of the Tracy Infant and Toddler

Program for Children with Special Needs and Their Families and is currently an officer of the Infant Development Association of California. She lives in La Palma, California.

Great read! Bought for my daughter and this was her first baby.

Got this for a teenage niece. She found it informative and helpful.

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